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DFD - SUSAN FULLER

A book for those seeking Spiritual alchemy and a guide for living life well. The truth, about human disempowerment; and our re-empowerment, to personhood, by choice, to live out, values; principles; standards;embodying, in codes-of-conduct, which becomes spirituality: the flowering, of the human soul. In 2 parts: 1 - the natural life; 2 - how the forces, at war, within humankind, are defeated, by the power, of the Holy Spirit (our Spiritual Alchemy).

Seven billion people on earth; it was only a matter of time before you discovered the truth. Your legends--your myths and religions--have called us by many names. Since the beginning, our kind has walked among you as your protectors. We are the only ones who know who you are and why you are here. He wasn't meant to disappear; you weren't meant to know why. Our objective was clear: hunt them, kill them and leave. Once you know, there will be no going back. They will come for you. Are you ready?

Secrets of Ma'at explores fundamental qualities of wisdom and character with which ancient rulers of Kemet relied on to govern the people. This poetic interpretation of the human experience is a journey of truth, integrity, justice and balance presented to us through the colorful and inoculating vernacular of Ebony Payne-English. The 42 poem collection offers perspective on politics, religion, culture, education, family, friendship and love.

Destiny's Call brings to life scenes, stories and characters from the Book of Genesis. In captivating fictional short stories, Destiny's Call gives a glimpse of the struggles of the Patriarchs and Matriarchs, the birth and conflicts of the Tribes of Israel, and a deeper exploration of some of the colorful characters depicted in the Bible. Destiny's Call relies heavily on biblical and archeological sources. The book includes questions for discussion, detailed hand-drawn maps of the ancient world, recreated genealogical records and timeline, an index of biblical references, and a glossary of biblical terms. Ben-Tzion Spitz is the author of the Torah Shorts blog (at ben-tzion.com), where he has published dozens of biblical fiction stories and biblical analysis based on ancient, medieval and contemporary sources. Spitz has been exploring and researching biblical stories and archeological findings for over two decades. He is also the creator and lecturer of the Biblical Fiction series in Jerusalem, Israel.

This title provides comprehensive overviews on archaeological philological, linguistic, and historical issues at the forefront of Anatolian scholarship in the 21st century.

John Sutter, who left Switzerland to escape debtor's prison, came to California and built a giant land monopoly. Again, he became heavily in debt and died destitute. The entire Sacramento and San Joaquin valleys were inundated for 300 miles long and 20 miles wide by the flood of 1862. The cholera epidemic killed more than 1,000 citizens, including doctors and others who were caring for the patients. The Old City Cemetery is an exciting place. As docents are quick to remind, "People are dying to get in here." The docents know their job. It's almost as though they are trying to bring the city's cemeteries back to life. We love the epitaph on one headstone that simply reads: "See ya later."

Everything you need to know to look after yourself to bring about and maintain perfect health, prosperity, wealth, happiness, quality of life and longevity. It reveals that we are, without realising, not doing enough or the right things to protect our health and prosperity which is equally extremely damaging to nature, wildlife, oceans, sea-life, fresh springs, waterways and air, and us. The Book by Linde utilises new and ancient knowledge from around the world, over the millennia identifying what changes we need to make to enhance every aspect of our lives with simple solutions for almost every situation. It is your most powerful contribution to protecting, nurturing and saving our planet. In summary, 'THE BOOK' Consists of Six Chapters which incorporates a summary within each one: Lifestyle; Food & Nutrition; Medical Care; Mind; Water; and Now Live the final chapter which you can cast your eye over first as it is a synopsis of the complete works. It is highly recom-

mend to read from cover to cover but, it is packed with valuable information to just use as a Reference Manual on a day to day basis. Teaches you how to look after your body and mind to ultimately prevent illness, but also to help regain and maintain perfect health; Provides countless number of practical, realistic & simple tips to easily adopt into your day to day lifestyle improving quality of life, saving time & money and gaining longevity; Fuses together specialised areas in health & mind, lifestyle & environment under one cover; Identifies our day to day toxic exposures that we are unaware of and provides successful resolutions; Gives you complete fundamental knowledge and awareness, to use your courage to take responsibility for your life enhancing your health, prosperity and happiness; Provides you with ancient knowledge and practices to new, from science including quantum physics, to philosophy, psychology, and important detail on nutrition, exercise, energies and medicine; Is very current, answering all the conflicting hype about diets, the next super food or the bad effects of conventional drugs or sugar that are in the media weekly, even daily; For more information please visit www.thebookbook.co.uk

THE Translation of this venerable Piece of Antiquity is undertook upon a double Score; being designed as well to entertain the Curiosity of the Learned, as to supply the Defects of the Ignorant. If the original Language would have been more acceptable to the one, it would have been less intelligible to the other. I cannot, without uttering a Falsity, venture to affirm that so singular and valuable a Piece will be made Public, at least as yet: And in the mean Time I shall flatter myself, that this little Essay may contribute in some sort or other to the diversion, if not Instruction, of People in every Condition of Life. If this is well received, the other Parts will make their Appearance at proper Distances of Time. I publish no more at present, because I would not be thought to impose too much upon any one's Patience; as for losing my own Labour, I am under no bad Apprehensions about that; for the Reader cannot reject with a greater Disdain, than I have translated with Pleasure, the Contents of this Book.

Chronicles Egyptian civilization from the Predynastic Period to the end of Roman rule, arranged thematically in chapters such as "Religion of the Living," "Architecture and Building," and "Everyday Life."

The little village of Rough and Ready in Upper Mahantongo Township, Schuylkill County, PA is set in the center of the Mahantongo Valley, famous for its Pennsylvania Dutch culture -- especially the painted furniture. This book focuses on the social history of the village, anchored by information from the 1850 census and Salem Reformed Church cemetery records. This was the famous Isaac F Stiehly's church and most of the families mentioned were in his congregation. The book contains hundreds of photos, most over 100 years old, of life in the Valley. Table of Contents: The Origins of Rough and Ready The 1850 Census in Upper Mahantongo Township, Schuylkill County, Pennsylvania The Old Man Knorr and Stiely Connections The Monroe and Harvey Stiely Mill Maurers of the Mahantongo Valley Manasses Maurer Family Caroline Gonser, Indian Maiden of Creek Town, Rough and Ready, Upper Mahantongo Township, Schuylkill County, Pennsylvania Steve Rebuck Visits the Mahantongo Valley 24th August, 2010 Daniel A. Maurer Homestead and Stine's Hotel at Rough & Ready, PA The Maurer Blacksmiths of Hepler The Daniel Klingner Ramberger Family Ancestors of the Rambergers Jacob Ramberger (1802-1854) md. Catherine Klingner (1802-1871) A Visit to the Jacob and Clara Ramberger Farm, June 18, 2011 Jacob and Clara Ramberger Farm Painting by Leroy Drumheller Ramberger Anecdotes Rough and Ready Band - 1906 Zerfings School, 1907 Ramberger Photo Gallery Ramberger Conclusion Henry Ramberger of Rough and Ready The Gold Mine in the Leck Bush near Rough and Ready, PA The Herb Family of Rough and Ready Something About Rough and Ready and the Emergency Militia Henry B. Clark - Farmer and Defender of Freedom Indians in Rough and Ready along Beisel's Run Beisel Homestead near Rough and Ready Erdman Family History Indian Incursions in the Mahantongo Valley On the Baums, Herbs and Schlegels Frederick Stein Schwalm: Civil War Veteran, Justice of the Peace, Molly Maguire Jury Member Something about the Heplers Something about the Bensingers Something about the Wolfgangs George and El-

izabeth Wolfgang The Story of My Life by Bessie May Schadel Bowman Klingers in the 1850 Census Snyders in the 1850 Census Ray Davis Recalls Rough and Ready of the Past Simmy Court House Records Simmy and Associated Colored Family Vital Records Salem Church Photo Knorr Family Heritage John H. Knorr Land A Winter Market Day Interview with Willard and Joyce Kahler of Old State Road, Rough and Ready, Pa. Klinger Farms, Rough and Ready, Pa. Picture Gallery PA German Fraktur, including a hand drawn, Riderless Horse and a handwritten German Script Prayer Appendix 1: Researching Economic Life in the Mahantango Valley: A 19th Century Pennsylvania German Community Appendix 2: SALEM CHURCH CEMETERY UPPER MAHANTANGO TWP., SCHUYLKILL CO. L.R.53047. JULY 25, 1980 Appendix 3: 1850 Census UPPER MAHANTANGO TWP., SCHUYLKILL CO. Heads of Households Appendix 4: 1850 Census UPPER MAHANTANGO TWP., SCHUYLKILL CO. Most Common Surnames

*Includes pictures *Includes theories and explanations regarding the structures *Includes online resources for further reading "Ten years from now nobody will remember my critics, and a million people will come to see what we have done." - Semir Osmanagich There are hundreds of pyramid-shaped hills distributed in and around central Bosnia and Herzegovina, yet one in particular has achieved worldwide attention over the last decade. Found in the small town of Visoko, located about thirty kilometres northwest from Sarajevo, the hill is the tallest point in a landscape of tremendous historical importance for the country. The region has been occupied from prehistoric times. Rich in natural resources, the area was extensively quarried for metal ore and stone over many periods. In the medieval period (twelfth to fifteenth centuries CE), this area became the centre of the Kingdom of Bosnia. It was here that the first king of Bosnia, Tvrtko I, was crowned in 1377 CE. During this time the large hill became known as Visocica, and a fortress was constructed upon its summit. From 1463, the Ottomans controlled them, and under their rule, many towns were founded, including Visoko which experienced a surge of economic development and cultural activity and became one of the richest towns in Bosnia. The town was of key importance in Bosnia's modern history, serving as a stronghold for Bosniak forces during conflict in the 1990s. However, it is not for these reasons that the hill of Visocica is so well-known today. Instead, the focus of attention has been on the controversial claim that it is the largest and oldest man-made pyramid to be found, not only in Europe, but the world. Since 2005, the Bosnian-born American businessman and self-proclaimed archaeologist Semir Osmanagich has promoted a controversial narrative of how-and why-the hill exists. He maintains that Visocica is not a natural feature, but was made by an ancient Bosniak civilization during the last Ice Age, between ten and twelve thousand years ago. Its substructure is allegedly filled with an intricate network of passageways that connect it to other structures in the surrounding landscape built during the same time. If true, the scale of these "pyramids" would have required the largest construction works to have ever been performed in pre-history. But this theory has been fiercely criticized by archaeologists, geologists, pyramid experts, journalists, and countless other academics and non-academics. Many scientific specialists and laypersons have gone to Visoko to see the site with their own eyes, and reported that there is little evidence to suggest the validity of Semir's claims. Furthermore, some of the claims made of the pyramid are borderline science fiction, featuring everything from aliens to the mythical civilization of Atlantis. Through the use of popular and journalistic media, rather than academic channels, Mr. Osmanagich has garnered the attention of many hundreds of volunteers that come to Visoko each year. Conflicting accounts testify to what takes place. Is legitimate archaeology being carried out, or the creation of a money-making theme park for tourists? Can the Bosnian pyramid be considered genuine, or is this but one example of widespread and pseudoscientific "pyramid-mania" that occurs across the globe? Why do people believe in the fantastic stories woven around the Pyramid of the Sun, and why is the academic community so critical of this phenomenon? And who, exactly, is Semir Osmanagich, without whom this story would not exist? The Ancient Bosnian Pyramids: The History and Mystery Over the Controversial Pyramids in Bosnia and Herzegovina chronicles the the-

ories and debates over the landmarks. Along with pictures of important people, places, and events, you will learn about the Bosnian pyramids like never before.

Sanskrit - the only preserved and the most ancient of all languages, generally proclaimed as language of the gods. According to Indian tradition, Sanskrit has neither beginning nor an end. It is eternal. It is everlasting. Historically, the Sanskrit was adopted, developed and refined by the invading Aryans in the Indus Valley, during 1500 BC. Sanskrit survived as the language of religion, literature and Hindu philosophy for over 3,357 years, dating from about 1500 BC to a close AD 1857. The term Aryans, Indo-Europeans and Indo-European Languages ? frequently used by historians is misleading; it is not correct that the Aryans or the Indo-Europeans were part of a great civilized nation. Aryan is a term that refers to migrants who settled in the Indus Valley; they were a mixed people; wanderers, criminals, mercenaries from the areas now known as Afghanistan, Iran, the tribal areas of Pakistan and Central Asia down to the Caspian Sea. In modern terms they can be identified as Pashtun, Tajik, Uzbek, Hazara, Kamboja, Yusufzai, Afridi, Khilji and the other Turkic tribes. The present-day Talibans and most of the people affiliated with Al-Qaeda are also the descendants of the Aryans.

The Good Life Crisis is a project that seeks to find the best answers to the question "What is the Good Life?" After traveling around the world and interviewing hundreds of inspiring people, Nick Shelton has compiled a book based on the best advice he's received. Comprised of humorous stories and practical advice, it provides you a glimpse of how to lead an ideal life in the 21st century.- Containing just over 40 chapters, the book provides stories, real-life examples, and practical advice on how each of us can improve our lives and we appreciate each day. For more visit, www.TheGoodLifeCrisis.com

*Includes pictures *Includes excerpts of the Popol Vuh *Includes online resources and a bibliography for further reading Many ancient civilizations have influenced and inspired people in the 21st century. The Greeks and Romans continue to fascinate the West today. But of all the world's civilizations, none have intrigued people more than the Mayans, whose culture, astronomy, language, and mysterious disappearance all continue to captivate people. In 2012 especially, there was a renewed focus on the Mayans, whose advanced calendar led many to speculate the world would end on the same date the Mayan calendar ends. The focus on the "doomsday" scenario, however, overshadowed the Mayans' true contribution to astronomy, language, sports, and art. Unlike most of the world's sacred books - the Quran, the Bible or the I-Ching for example - nobody knows the universal name, if there ever was one, for the Maya's collection of myths. Instead, the title that has been passed down, the "Popol Vuh," appears to be the specific title given to a particular copy of these tales. Its meaning, roughly translated as the Council Book, refers to the special role of this text: it was the shared property of the council of lords that ruled the Quich kingdom and was apparently regularly consulted by that body for advice to guide their rule. However, in the opening sections, the scribes who penned the text also give it several other names, including "the Light That Came from Beside the Sea," "Our Place in the Shadows" and "The Dawn of Life" (pg 63). All of these names were originally in K'ichean Maya, the language spoken by the Maya of the Quich Kingdom and its neighboring regions. The first of these names refers to a pilgrimage by the second generation of Quich lords in Part V to the Yucatan coast to acquire a copy of at least a portion of the original text. The second refers to Part IV, the period before the first Dawn (the "Shadows") when the ancestral Quich earned their particular right to rule. The final name refers to Part I, when the first gods created all of the various parts of life. This multiplicity of names and titles for sacred works is not uncommon, and perhaps comparable to the Bible being referred to as "the Good Book" or (in reference to the New Testament) "the Good News" or the "Gospel." The name Popol Vuh is itself controversial as the original text actually spells the name three different ways: "Popol Vuh", of course, but also "Pop Wuj" and "Popol Wuj." In general, the most correct form in contemporary Quiche spelling is probably "Popol Wuj", but as the text is best known in English with the word "Vuh", this convention will be maintained here (Eenriik 2014). There are a number of translations and editions of the Popol Vuh, which vary considerably in quality. Many early editions were not informed by the latest scholarship in Maya linguistics and sometimes the ways they translate names in particular can vary. This text will use the Second Edition (1996), translated by Dennis Tedlock and published by Simon and Schuster, for all of its quotations and page citations. The Popol Vuh: The History and Legacy of the Maya's Creation Myth and Epic Legends examines what's contained within and how the Popol Vuh survived to the present day. Along with pictures depicting important people, places, and events, you will learn about the Popol Vuh like never before.

This Handbook is a state-of-the-field volume containing diverse approaches to sensory experience,

bringing to life in an innovative, remarkably vivid, and visceral way the lives of past humans through contributions that cover the chronological and geographical expanse of the ancient Near East. It comprises thirty-two chapters written by leading international contributors that look at the ways in which humans, through their senses, experienced their lives and the world around them in the ancient Near East, with coverage of Anatolia, Egypt, the Levant, Mesopotamia, Syria, and Persia, from the Neolithic through the Roman period. It is organized into six parts related to sensory contexts: Practice, production, and taskscape; Dress and the body; Ritualised practice and ceremonial spaces; Death and burial; Science, medicine, and aesthetics; and Languages and semantic fields. In addition to exploring what makes each sensory context unique, this organisation facilitates cross-cultural and cross-chronological, as well as cross-sensory and multisensory comparisons and discussions of sensory experiences in the ancient world. In so doing, the volume also enables considerations of senses beyond the five-sense model of Western philosophy (sight, hearing, touch, taste, and smell), including proprioception and interoception, and the phenomena of synaesthesia and kinaesthesia. The Routledge Handbook of the Senses in the Ancient Near East provides scholars and students within the field of ancient Near Eastern studies new perspectives on and conceptions of familiar spaces, places, and practices, as well as material culture and texts. It also allows scholars and students from adjacent fields such as Classics and Biblical Studies to engage with this material, and is a must-read for any scholar or student interested in or already engaged with the field of sensory studies in any period.

Adult coloring for relaxation, stress reduction, meditation, spiritual connection, prayer, centering, healing, and coming into your deep, true self. Ages 9 to 109. The drawings of Ancient Symbols: Meditative Coloring Book 3 feature timeless shapes and forms used by every culture on earth to remind us of the sacred. These drawings serve to inspire deeply meaningful, meditative, or prayerful experiences through coloring. Ancient and indigenous sacred images speak deeply to us, to our bones and bellies, to our cellular memory and wisdom, to our souls' yearnings. Native peoples throughout time and place see the sacred in all of life. For them, holiness IS life. Life is the manifestation of the holy in all things. Step out of the busy world and into calm and peace. Focus on an affirmation while you color, or on a wish or a prayer. Ask for understanding or wisdom. Allow expansion into more of what you are meant to be. Or simply color with an attitude of gentle, graceful willingness. This book includes 32 different original drawings, information about ancient symbols, suggestions for how to use this book, a guided meditation, introduction to the artist, and open pages inviting you to record your own impressions. Five Volumes of Meditative Coloring Books: Angels, Crosses, Ancient Symbols, Hearts, and Labyrinths.

Upton Sinclair, one of America's foremost and most prolific authors, addresses the cultivation of the mind and the body in this 1922 volume. Sinclair's goal was to attempt to tell the reader how to live, how to find health, happiness and success, and how to develop fully both the mind and the body. Part One: The Book of the Mind covers such subjects as faith, reason, morality, and the subconscious. Part Two: The Book of the Body develops such subjects as errors in diet, the fasting cure, food and poisons, work and play, and diseases and their cures .

Describes the people, places, and events of Ancient Rome, describing travel, trade, language, religion, economy, industry and more, from the days of the Republic through the High Empire period and beyond.

Book Excerpt: urescit, Benzo memorante. Carol. Cluzio, l. c. Annuo justam attingens Maturitatem Spatio. Franc. Hernandez, apud Anton. Rech. In Hist. Ind. Occidental, lib. 5. c. 1.[d] It seems likely that the Spanish Authors who say there are four Kinds of this at Mexico, have no better Foundation for the difference than this; and Mons. Tournefort had reason to say after Father Plumier, that he only knew one Kind of this Tree. Cacao Speciem Unicam novi. Append. Rei Herb. pag. 660.[e] A new Voyage round the World. Tom. 1. Ch. 3. p. 69.[f] Pomet's General History of Drugs, Book vii. Ch. xiv. pag. 205. Chomel's Abridgment of usual Plants. Valentin. Hist. Simplicium reform. lib. 2.[g] New Relation of the East Indies. Tom. 1. Part 2. Ch. 19.[h] A curious Discourse upon Chocolate, by Ant. Colmenero de Cedesma, Physician and Chirurgeon at Paris 1643.Read More

Fifteen articles on the history of ancient Mesopotamia explore such topics as women's rights, architecture, myth, sexuality, and cuisine.

Temples were important structures in any civilization and the ancient Egyptians were of no exception. How the temples were created, when they were created and who wanted them created hold important clues on the belief systems and religion dominated during that time. In this book, we'll be visiting the famous temples of Ancient Egypt. Grab a copy today!

Carol Tyler has been a professional (and highly acclaimed) cartoonist for over 20 years, appearing in such venues as Weirdo, Wimmen's Comix, and Drawn & Quarterly magazine. But over the years her status as a working mother has drastically curtailed her ability to set aside time for her cartooning. Thus each rare new story from her pen has been greeted with hurrahs as well they should be, because she's one of the most skillful, caustic, and emphatic cartoon storytellers of her generation. This new book presents the biggest, richest and most delightful collection of Tyler's work to date featuring many new and previously unpublished works. p.p1 {margin: 0.0px 0.0px 0.0px 0.0px; font: 13.9px Arial; color: #424242}

The story of "The Ancient" continues... Joseph Miller and Mike Samson are closing in on one of the Fallen on the busy streets of New York City, with the help of a young woman who just happens to grow fur and fangs. Little do they know someone from Miller's past is hunting them to settle a grudge over a thousand years old. Meanwhile, Lizzie Namgung is desperately searching for her missing friend Ann. Much to her surprise, so is the FBI. As a new evil spreads across the city of Newark, Lizzie finds herself caught in a web of murder, mayhem, and monsters. Ancient Awakening is a Horror/Action novel with just the right touch of comedy. Ancient Enemies is the second book in the series that follows the adventures of eccentric demon hunter Joseph Miller. His job is to defend the human race against seven mythical demons and their offspring. Unfortunately for us, he has been dead for the last hundred years. The series begins with Ancient Awakening, continues here with Ancient Enemies, and is followed by Ancient Revelations. The all-new second edition of Ancient Enemies is professionally edited and 55,700 words.

It is astonishing to think that many great archaeological discoveries occurred in Egypt only by way of accident during the 19th and 20th centuries. Even today accidents still play a vital, frequent and sometimes comical role, with new discoveries happening almost weekly and with many more secrets of the ancient Egyptian civilization still remaining. This book takes readers beyond these discoveries and their associated accidents. This book cannot be considered purely as an Egyptological and archaeological reading or even as dry history pages covering Egypt's modern era of the 19th and 20th centuries. Rather, it is a book that sheds light on the intimate links between the birth of Egyptology after the deciphering of the famous Rosetta Stone and the raging world politics and regional power shifts in Egypt and its surroundings. The book ties together the political storms of colonialism in the first half of the 19th century and the unsettling effect these upheavals had on Egypt during the reign of Mohamed Ali Pasha. In a storytelling style, the book is a journey through time and place. The book takes readers on a guided tour to most of Egypt's well-known monuments that were mainly discovered by simple accident or in which an accident played a major part leading to discovery. In addition, the book leads readers through time exploring ancient Egypt, the days of the pharaohs, ancient gods, rituals and public ceremonial festivals, with old and new stories that shed light on the true value of such discoveries in antiquity and modern day.

In the darkest depths of the ocean, the ancient city of Poseidia has secretly thrived, protected by a sentient dome. Its inhabitants, genetically engineered shape-shifters and protectors of the ocean, teeter on the brink of extinction as the reach of humanity grows. When a pregnant Anna Ryan is murdered at sea, her life doesn't end-it begins. She awakens in this unknown world in a new body, enhanced with iridescent skin, fins, and the ability to breath underwater. Grieving the loss of her baby and her humanity, Anna vows to make her murderer pay, but it's no easy task to brave the wide ocean alone. Anna finds an ally in Roman, a giant, scarred mystery of a man, and together they forge a bond sharing former human pasts. The easy part is convincing Roman to help her retrieve a cherished locket-an item she believes essential to endure the challenges of a new life-but she carelessly endangers Poseidia. Can Anna set aside everything she's known and embrace all she's ever wanted? What is the cost of happiness?

*Explains how Athens and Sparta mastered warfare on land and sea, including the use of hoplites and triremes. *Discusses the lives and legacies of famous Athenians and Spartans, including Leonidas, Lycurgus, Plato, Pericles, and more. *Includes Pericles' Funeral Oration from the Peloponnesian War. *Explains the political systems used by Athens and Sparta and their unique cultures. *Includes pictures of Athens and Sparta, as well as depictions of important people, places, and events. *Includes a Bibliography for further reading. "What I would prefer is that you should fix your eyes every day on the greatness of Athens as she really is, and should fall in love with her. When you realize her greatness, then reflect that what made her great was men with a spirit of adventure, men who knew their duty, men who were ashamed to fall below a certain standard." - The Funeral Oration of Pericles, quoted by Thucydides "The walls of Sparta were its young men, and its borders the points of their spears." - attributed to King Agesilaos For 2500 years, the Ancient

Greeks have fascinated the West, who look to Greece as the creators of Western culture. Indeed, the Greeks revolutionized warfare, art, architecture, government, philosophy, and more. Of all the Greeks' accomplishments, many can be credited to the two most famous city-states of all: Athens and Sparta. The most unique city-state in Ancient Greece was Sparta, which continues to fascinate contemporaneous society. It is not entirely clear why Sparta placed such a great emphasis on having a militaristic society, but the result was that military fitness was a preoccupation from birth. If a Spartan baby did not appear physically fit at birth, it was left to die. Spartan children underwent military training around the age of 7 years old, and every male had to join the army around the age of 18. The Spartans, whose carefully constructed approach to warfare and - there is no other word for it - Spartan way of life, earned the grudging admiration of all of Greece and succeeded in establishing themselves in the years following the reforms of the semi-legendary ruler Lycurgus as the greatest military force in all of Hellas. Athens might have the mightiest fleet and the greatest cadre of philosophers and dramatists, Thessaly might have had the most vaunted cavalry, and the great city-states of Argos, Thebes and Corinth all had their own claims to fame, but on the battlefield the Spartan phalanx stood without peer. Athens was a military force in its own right, but it's chiefly remembered for its political system, which would in time form the nucleus of all Western democratic systems of government, and the remarkable number of outstanding individuals who lived and flourished in the enlightened city-state. The Ancient Athenians formed the backbone of the West's entire culture, from the arts to philosophy and everything inbetween. In the field of medicine, the great physician Hippocrates not only advanced the practical knowledge of human anatomy and care-giving but changed the entire face of the medical profession. The great philosophers of Athens revolutionized the way men thought about reason, logic, rhetoric, politics, and good and evil. Great architects and sculptors such as Phidias produced works of art of such breathtaking realism and startling dynamism that they later formed the driving force behind the resurgence of sculpture during the Renaissance. And this does not take into account the host of equally brilliant mathematicians, natural philosophers, historians, astronomers and politicians that the city's great schools nurtured and produced. Athens & Sparta comprehensively covers the history and culture of the famous Greek city-states, looking at their cultural, political, and military past, and examining all their accomplishments. You will learn about Athens and Sparta like you never have before.

A special edition of the Library of Ancient Israel is based on the latest research to provide an in-depth presentation of the land in ancient times from its domestic life and cultural traditions to its religious practices, in a volume complemented by more than 175 illustrations and photographs. Handbook to Life in Medieval and Early Modern Japan spans the beginning of the Kamakura period in 1185 through the end of the Edo (Tokugawa) period in 1868. The medieval and early modern eras in Japan were largely shaped by the rise of the warrior class. After 1603, with the founding of the Tokugawa shogunate, Japanese culture changed dramatically, but as cities grew and merchants thrived, the warrior class became less dominant. By the end of the Edo period, Japan's insular feudal society and military government became irrelevant in an increasingly consumer-oriented economy and thriving urban culture. The contribution of military rulers, celebrated warriors, and cultural innovators to medieval and early modern Japanese culture are well documented. However, life at the village level also had a strong impact on the culture. Covering both levels of society, this comprehensive guide provides insightful information on well-known people and peasants, artisans, shopkeepers, and others outside the periphery of power. Handbook to Life in Medieval and Early Modern Japan introduces the reader to the significant people and events-cultural, social, political, and historical-and the everyday experiences and elements of material culture during this time. Organized thematically, the text covers: History; Land, Environment, and Population; Government; Society and Economy; Warriors and Warfare; Religion; Philosophy, Education, and Science; Language and Literature; Performing Arts; Art and Architecture; Travel and Communication; Daily Life. Each chapter includes an extensive bibliography, and photographs and maps complement the text. Handbook to Life in Medieval and Early Modern Japan provides all the essential information for anyone interested in Japanese history, society, or culture.

Modern-day archaeological discoveries in the Near East continue to illuminate man's understanding of the ancient world. This illustrated handbook describes the culture, history, and people of Mesopotamia, as well as their struggle for survival and happiness.

It had seemed so simple, even fun, when they explained it: New York needed non-satellite-based relay towers. Commco sent me to find towns along the needed pathway, to offer to restore some of the boons of civilization in return for an agreement to build, power and guard the towers. After all, it had only been fifty years. I would never have believed that the countryside would have turned barbaric so fast. Thus begins Martin Barrister's journey through an unfamiliar landscape, where his training and skills are of little help, and only quick wits and creativity will allow him to survive. When his job turns out to be a ruse, and he becomes bait in a dispute he can barely fathom, Martin discovers what loyalty is worth. And what civilization is - and isn't - comprised of.

"A wondrous, sparkling fusion of wisdom and insight." - Patricia Santhuff What do the wonderful myths of ancient Greece, the beautiful stories in the Bible and Qur'an, and all the sacred stories from traditions around the world, have in common? They open our hearts to wonder, mystery, passion, and joy. I know, on the outside these stories seem very different, confusing, conflicting, and often violent and divisive. But when read symbolically and internally, they are all telling the same story. They show us the path of spiritual awakening and enlightenment. Sometimes the story is called "Returning to the Promised Land." Sometimes it's called "Seeking the Holy Grail." Sometimes it's called "Persephone's Return to Olympus." But whatever it's called, the inner meaning and purpose is always the same. The stories are all a call to awaken, to live passionately and consciously, and to enter the door that leads to enlightenment and communion with the divine. The door is always open. The light is always ready to receive us. But we have to learn how to tread the path! Fortunately, that's what all the sacred stories are really about. THE DOOR IS OPEN uncovers the 7 Universal Steps that are found within the symbols and allegories of all great mythology and scripture. Each chapter ends with a series of practical and enjoyable spiritual exercises and activities. You can do this work on your own, or together with a group. It could be a church or synagogue group, a book club, a classroom, or any group of friends who want to get together and expand their spiritual horizons.

"'On the origin of Mind' is a detailed description of how the mind works. It explains the dynamics from the neuronal level upwards to the scale of group behaviour, society and culture."--Publisher's website.

This voyage of exploration chronicles twenty-four hours in the life of a Roman patrician, beginning at dawn on an ordinary day in the year 115 A.D., with Imperial Rome at the height of its power.

The purpose of this book is to present the Kemetic tradition in it's purest Kemetic, Afrikan context, and to demonstrate the fact that: despite the popular misconception about the tradition being a "dead tradition," everything that we need, that makes the tradition complete in its effectiveness, and its "Afrikaness," is available to us today, and more "supplemental information" is literally being uncovered daily. In other words, the Kemetic tradition is not lost. The ritual information in the latter half of this book is to further demonstrate and solidify these points: The Kemetic tradition is a living tradition The nTrw (deities) are real living forces In following the lead of our Ancestors, this tradition can work for us in the same manner that it worked for them. Every effort has been made to "stick to the script," as much as possible, to maintain the integrity of the tradition, and what you find in the following pages is an exegesis presented by the author, as a child of Afrika, a student and teacher of Afrikan Spirituality in general, and Kemetic spirituality in specific, and the way that this tradition is currently being practiced by the community of Henensu.

Laura Knight-Jadczyk's series, The Secret History of the World, is one of the most ambitious projects ever undertaken to provide a cogent, comprehensive account of humanity's true history and place in the cosmos. Following the great unifying vision of the Stoic Posidonius, Laura weaves together the study of history, mythology, religion, psychology and physics, revealing a view of the world that is both rational and breathtaking in its all-encompassing scope. This second volume, Comets and the Horns of Moses, (written in concert with several following volumes soon to be released) picks up the dangling threads of volume one with an analysis of the Biblical character of

Moses -- his possible true history and nature -- and the cyclical nature of cosmic catastrophes in Earth's history. Laura skillfully tracks the science of comets, revealing evidence for the fundamentally electrical and electromagnetic nature of these celestial bodies and how they have repeatedly wreaked havoc and destruction on our planet over the course of human history. Even more startling however, is the evidence that comets and cometary fragments have played a central role in the formation of human myth and legend and the very concept of a 'god'. As she expertly navigates her way through the labyrinth of history, Laura uncovers the secret knowledge of comets that has been hidden in the great myths, ancient astronomy (and astrology) and the works of the Greek philosophers. Concluding with a look at the political and psychological implications of cyclical cometary catastrophes and what they portend for humanity today, Comets and the Horns of Moses is a marvel of original thought and keen detective work that will rock the foundations of your understanding of the world you live in, and no doubt ruffle the feathers of the many academics who still cling to an outdated and blinkered view of history.

Hidden in the forgotten tunnels beneath the castle of Thorilleia lies an ancient book written by a powerful wizard. Two young men set out to find the book, which is said to contain a mysterious secret. Their journey takes them across rugged mountains and through dense forests where they encounter dangerous creatures and strange cultures. When they reach Thorilleia, they find themselves thrust into a pivotal role in a war between great kingdoms. Loaded with action and unexpected twists, Dragon's Dust is not just a quest for riches and power; it's an adventure story where integrity, determination, and courage prevail in dire circumstances.

This comprehensive and accessible reference explores the greatest and most mysterious of civilizations, hailed for its contributions to science, mathematics, and technology. Each chapter is supplemented by an extensive bibliography as well as photos, original line drawings, and maps.

*Includes pictures. *Includes footnotes and a bibliography for further reading. When the Spanish came into contact with different tribes in the Southwest, they were so intrigued by the structure of the communities that they gave the natives the name Pueblo, a term they used to measure certain sizes for their own settlements.. Thus, while most Americans have heard of the Pueblo and Navajo, many remain unfamiliar with distinctions within the tribes. The Spaniards' interest was understandable, because the Pueblo fascinated those who came across their settlements, especially those located in desert regions and the sides of cliffs that involved the use of adobe mud, stone, carving homes out of cliffs. One such settlement, Oraibi, was created around 1100 A.D. and remains one of the oldest continuously inhabited settlements in North America, but the most famous of the cliff dwellings can be found at Mesa Verde, which was turned into a national park in the early 20th century, about 1500 years after the Ancient Pueblo established the settlement. Today's Puebloan tribes are descended from tribes known as the "Ancestral Puebloan People", one of which was the Anasazi, but anthropologists believe that the Anasazi were a common ancestor of every Pueblo group, so the Ancient Pueblo are often referred to simply as the Anasazi. The name Anasazi came from their enemies; it is a Navajo word that means "enemy ancestor". While that name understandably continues to offend the descendants of the Anasazi, it also underscores that there is still a lot of uncertainty regarding the history of the Anasazi. In fact, it is still unclear what the Anasazi called themselves, and though they resided near the "Four Corners" area of Utah, Arizona, Colorado and New Mexico for more than 700 years, they mysteriously abandoned their settlements shortly after they truly began to flourish around 1050-1150 A.D. Despite the mystery surrounding the Anasazi, it's widely agreed that they occupied Mesa Verde and its unique structures for a period of nearly 700 years, beginning as early as the 7th century. Thanks to its occupants taking advantage of the surrounding geologic formations, Mesa Verde is an amazing collection of cliff dwellings, as well as houses that utilize caves and rock overhangs, and structures consisting of adobe and sandstone. Unfortunately, the natural conditions that make Mesa Verde so special also likely played a role in its abandonment, with overpopulation and drought forcing inhabitants out near the end of the 13th century. Mesa Verde: The History of the Ancient Pueblo Settlement covers the establishment of Mesa Verde from its origins until its establishment as a national park. Along with pictures, footnotes, and a bibliography, you will learn about Mesa Verde like never before.